Page 9 of 9
Supplement 1B to
Attachment 3.1A
Service 19
Case ManagementChronically Mentally
Ill Adults

State/Territory: Montana

- F. The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of section 1902(a)(23) of the Act.
 - 1. Eligible recipients will have free choice of the providers of case management services.
 - 2. Eligible recipients will have free choice of the providers of other medical care under the plan.
- G. Payment for case management services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose.

TN No. <u>99-0**0**7</u> Supersedes

TN No. 96-22014

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March 1987 Page 1

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

A. Target Group:

III. Individuals Age 16 and Over with Developmental Disabilities

Targeted case management services are furnished to eligible Medicaid recipients ages sixteen and older who have a developmental disability as defined under 53-20-202(3) of the Montana Codes Annotated. In particular, developmental disabilities are:

"... disabilities attributable to mental retardation, cerebral palsy, epilepsy, autism, or any other neurological handicapping condition closely related to mental retardation and requiring treatment similar to that required by mentally retarded individuals if the disability originated before the person attained age 18, has continued or can be expected to continue indefinitely, and constitutes a substantial handicap of such individuals."

Targeted case management services will not be furnished to:

- a. otherwise qualified individuals who reside in a Medicaid-certified ICF/MR or nursing facility, except that such services may be furnished to such persons during the 30-day period immediately preceding his or her scheduled discharge from the facility in order to coordinate post-discharge services in a non-institutional setting: and
- b. persons who receive case management services under a home and community-based waiver program authorized under Section 1915 (c) of the Social Security Act.

TN # <u>94-16</u> Supersedes TN # <u>92-10</u>

March 1987 Page 2

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

B. Areas of State in which Services will be provided:

III. Individuals Age 16 and Over With Developmental Disabilities

- (X) Entire State:
- () Only in the following geographic areas (authority of section 1915(g)(1) of the Act is invoked to provide services less than statewide).
- C. Comparability of Services:
 - III. Individuals Age 16 and Over With Developmental Disabilities
 - () Services are provided in accordance with section 1902(a)(10)(B) of the Act.
 - (X) Services are not comparable in amount, duration, and scope. Authority of section 1915(g)(1) of the Act is invoked to provide services without regard to the requirements of section 1902(a)(10)(B) of the Act.
- D. Definition of Services:
 - III. <u>Individuals Age 16 and Over With Developmental Disabilities</u>
 PURPOSE:

The purpose of DD case management is to assess, coordinate and assure the delivery of services and supports required by individuals with developmental disabilities who are 16 years of age and older. Case management will assist eligible individuals under the plan in gaining access to needed medical, social, educational, and other services.

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TN # 92-10 HCFA ID: 1040P/0016P

March 1987 Page 3

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

SERVICES DESCRIPTION:

DD Case management services are the responsibility of a specific case manager. This service is provided for an indefinite period of time, and its intensity is determined by the needs of the recipient.

CASE MANAGEMENT SERVICES:

DD Case Management may include the following activities:

- A. Service Coordination
 - 1. Assessment and evaluation of the appropriateness and need for case management and other community services for which an individual might be eligible.
 - 2. Assistance in accessing and obtaining needed services as requested by the individual.
 - 3. Assisting the person's actual entry into services.
 - 4. Monitoring and follow up of services received by the individual.
- B. Coordination, Development, and Implementation of a Comprehensive Individual Service Plan
 - 1. Development, facilitation, coordination, and monitoring of an Individual Service Plan (ISP) or Individual Plan (IP).

TN # <u>94-16</u> Supersedes TN # <u>92-10</u> Revision: HCFA-PM-87-4

(BERC) March 1987

Supplement 1C to Attachment 3.1-A

Page 4

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

С. Crisis Intervention

In assisting an individual through a crisis,

- if the individual is in a DD funded service, the case 1. manager will convene the individualized planning (IP) team to discuss appropriate action which could include rights restriction, behavior intervention medical review, additional staff, or other response;
- if the individual does not have an IP team, the case 2. manager will refer the individual in crisis to an appropriate service provider; and
- if the incident involves suspected abuse, neglect, 3. and/or exploitation of the individual, the case manager will immediately report the incident to the Department of Family Services.
- When commitment to an institution is being sought, the 4. case manager will coordinate the provision of information about the individual to the appropriate people.

Quality of Life D.

- of personal relationships, Building communication, trust and a basic understanding of the individual as unique human being. establish a rapport with the individual, their family and friends.
- Getting an understanding for how the person is 2. doing or for how they want to be doing.
- Conducting the Quality of Life assessment. 3.

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HCFA ID: 1040P/0016P

March 1987 Page 5

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

Administrative case management will be claimed for those units of service which involve activities related to Medicaid and DD eligibility determinations and Medicaid redetermination. These activities are necessary for the proper and efficient administration of the state plan, and will be reimbursed at the administrative rate.

E. Qualifications of Providers:

III. Individuals Age 16 and Over With Developmental Disabilities

Case management services will be furnished by employees of the Montana Department of Social and Rehabilitation Services in those areas designated by the department. In those areas not covered by the department's employees case management services will be furnished by qualified agencies under contract with the Department of Social and Rehabilitation Services.

AGENCY QUALIFICATIONS:

The following agency qualifications apply to those agencies under contract with the Department of Social and Rehabilitation Services to provide this service. The individual case manager qualifications apply to all case managers.

In order to be qualified to provide case management services, agencies under contract with the Department of Social and Rehabilitation Services must be able to provide case management services as described in Section C above as verified by:

- assignment of qualified individuals within the agency to provide only case management services;
- 2. attainment of two years of experience in providing services to persons with developmental disabilities; and
- 3. being either accredited by one of the national accreditation agencies for developmental disabilities services specified in ARM 46.8.901 or licensed under section 50-5-201, MCA as a health care facility by the Montana State Department of Health and Environmental Sciences.

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March 1987 Page 6

OMB No.: 0939-0193

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT State/Territory: Montana

INDIVIDUAL CASE MANAGER QUALIFICATIONS:

1. Each case manager must either possess a bachelor's degree in social work or a related field from an accredited college and have one year of experience in human services, or have provided case management services, comparable in scope and responsibility to that provided by targeted case managers, to persons with developmental disabilities for at least five years; and

- 2. Each individual must have at least one year's experience in the field of developmental disabilities or, if lacking such experience, complete at least 40 hours of training in the delivery of services to persons with developmental disabilities under a training plan reviewed by the Department of Social and Rehabilitation Services within no more than three months of hire or designation as a case manager; and
- 3. All case managers shall participate in a minimum of 20 hours of advanced training in services to persons with developmental disabilities each year under a training plan reviewed by the Department of Social and Rehabilitation Services.

On-going documentation of the qualifications of case managers and completions of mandated training will be maintained by the employer of the case manager.

- F. The State assures that the provision of case management services will not restrict an individual's free choice of providers in violation of section 1902(a)(23) of the Act.
 - 1. Eligible recipients will have free choice of the providers of case management services.
 - 2. Eligible recipients will have free choice of the providers of other medical care under the plan.
- G. Payment for case management services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose. Payment will not be made for services for which another payer is liable.

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SUPPLEMENT 1D TO ATTACHMENT 3.1-A Service 19a Case Management Services Page 1 of 10

MONTANA

A. Target Group:

IV. Youth with Severe Emotional Disturbance

Targeted Case management services are furnished to an eligible Medicaid recipient who has severe emotional disturbance. A youth with Severe Emotional Disturbance is defined as:

- a. a youth identified as having an emotional disturbance according to Section 20-7-401(8) MCA and the youth is currently receiving special education services; **or**
- b. when both Criteria I and Criteria II are met; or
- c. when all three Criteria I, Criteria III, and Criteria IV are met.

Criterion I: The youth is 17 years of age or younger, and

Criterion II: The youth presents a danger of suicide, or

Criterion III: The youth demonstrates a need, due to emotional disturbance, for specialized services from two or more human services systems for the purpose of:

- A. Assisting in the management of the emotional disturbance or its effects;
- B. Supporting retention of the youth in the community or home; or
- C. Treatment of the illness. and

Criterion IV: The youth meets the following conditions:

Youth has a mental disorder diagnosed under DSM-IV (or revision thereof) (see clarification) by a certified licensed mental health professional. Diagnosis must be timely (within the past 12 calender months unless otherwise specified by the

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.'N No. 96-15

SUPPLEMENT 1D TO ATTACHMENT 3.1-A Service 19a Case Management Services Page 2 of 10

MONTANA

DSM-IV) and apply to youth's current presentation and the youth consistently and persistently demonstrates (for a period of at least six months or is expected to continue for a period over six months) one of the following characteristics:

- i. has failed to establish or maintain interpersonal relationships relevant to his/her appropriate developmental stage(s) and cultural environment; or
- ii. displays inappropriate behavior relevant to his/her developmental stage and their culture; or
- iii. fails to demonstrate a range of appropriateness of emotion or mood relevant to his/her developmental stage and culture; or
- iv. displays behavior sufficiently disruptive to lead to isolation in or from school, home, therapeutic or recreation settings; or
- v. displays behavior sufficiently intense or severe to be considered seriously detrimental to his/her growth, development, or welfare, or safety/welfare of others.

Clarification:

A youth does not meet the definition of severe emotional disturbance when he/she has a primary problem of:

- 1. Cognitive Delay,
- 2. Substance abuse or chemical dependency,
- 3. Victim of sexual or physical abuse, or
- 4. Has character and personality disorders characterized by repetitive and persistent pattern of behavior in which the

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SUPPLEMENT 1D TO ATTACHMENT 3.1-A Service 19a Case Management Services Page 3 of 10

MONTANA

basic rights of others or major age-appropriate societal norms are violated (DSM-IV Conduct Disorders) unless the behavior results from emotional disturbance. Severe Emotional Disturbance includes youth who are cognitively delayed and emotionally disturbed or sexually abused and emotionally disturbed.

The DSM-IV diagnoses included under "Criterion IV" should for the majority of disorders have a severity index of moderate or severe. The diagnosis must be applied to the youth's current presentation. Current means within the past 12 calendar months unless otherwise specified in the DSM-IV. The DSM-IV diagnoses included under "Criterion IV" of the definition are:

- 1. Attention Deficit/Hyperactivity Disorder (314.00, 314.01, 314.9);
- 2. Childhood schizophrenia (295.10, 295.20, 295.30, 295.60, 295.90);
- 3. Oppositional Defiant Disorder (313.81);
- 4. Pervasive Developmental Disorder not otherwise specified (299.80):
- 5. Separation Anxiety Disorder (309.21);
- 6. Reactive Attachment Disorder (295.70);
- 7. Mood Disorders (296.0x, 296.2x, 296.3x, 296.4x, 296.5x, 296.6x, 296.7, 296.80, 296.89, 296.90);
- 8. Dysthymic Disorder (300.4);
- 9. Depressive Disorder not otherwise specified (311);
- 10. Cyclothymic Disorder (301.13);
- 11. Generalized Anxiety Disorder (Overanxious Disorder) (300.02);
- 12. Posttraumatic Stress Disorder (chronic) (309.81);
- 13. Dissociative Identity Disorder (300.14);
- 14. Sexual and Gender Identify Disorder (302.2, 302.3, 302.4, 302.6, 302.82, 302.83, 302.84, 302.85, 302.89);
- 15. Anorexia Nervosa (severe) (307.1);